

# कार्यालय-प्रधानाचार्य एवं नियंत्रक, राज.स्वा.वि.वि. आयुर्विज्ञान महाविद्यालय, जयपुर

Office of the Principal & Controller, RUHS College of Medical Sciences, Jaipur  
(Constituent College of Rajasthan University of Health Sciences)

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क्रमांक : आर.यू.एच.एस.-सी.एम.एस./एम.ई.यू./2025-26 / 6517

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## Foundation Course for MBBS Batch 2025-26 w.e.f. 23-09-2025

Date	Time	Topics for Orientation	Faculty
23.09.25	08 AM – 10 AM	Ice breaking – introduction with classmates	Dr. Mahima Sharma Dr. Manju Jha Dr. Prakriti
	10 AM – 11 AM	Overview of Pre-clinical subjects	Dr. Rajprabha Dr. Jitendra Ahuja Dr. Seema Prakash
	11 AM- 01 PM	Visit to college Campus – Academic Block, Administrative block	Department of Physiology
	02 PM – 04 PM	Facility visit – Library, Sports ground, Hospital Vaccination Centre	Dr. Reshu Gupta Dr. Manish Khandelwal
24.09.25	08 AM – 09 AM	Medical Profession and Physician's role in society	Dr. Madhika Shah
	09 AM – 11 AM	Sports & Extra Curricular Activities	SPORTS COMPLEX
	11 AM – 12 Noon	Overview of Paraclinical Subjects	Dr. Gaurav Dalela Dr. Lokendra Sharma Dr. Yogesh Gupta
	12 Noon – 01 PM	Medico legal aspects of consumer protection	Dr. Priyank Gupta
	02 PM – 03 PM	Overview of Clinical Subjects	Dr. Mohd Abbas Ali Dr. Prahalad Dhakar Dr. Vineeta Garg
	03 PM – 04 PM	Biomedical waste management	Dr. Priyanka Jain
25.09.25	08 AM – 09 AM	Communication skills(Including Clinicolaboratory)	Guest Faculty
	09 AM – 10 AM	Alternate Health Systems in India	Dr. Anamika Tomar
	10 AM – 11 AM	The MBBS Programme	Dr. Sonali Sharma
	11 AM – 12 Noon	First AID	Dr. Nilofar Khayyam
	12 Noon – 01 PM	Blood donation and its importance	Dr. Rajaram
	02 PM – 04 PM	Basic life /Emergency Support	Dr. Sandeep Kothari

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26.09.25	08 AM – 09 AM	Time Management	Guest Faculty
	09 AM – 11 AM	Sports & Extra Curricular Activities	SPORTS COMPLEX
	11 AM – 12 Noon	Public health ethics	Dr. Anamika Tomer
	12 Noon – 01 PM	Malpractice and Negligence	Dr. Anil Gupta
	02 PM – 03 PM	Codes of medical ethics conduct and codes of etiquettes	Dr. Gaurav Dalela
	03 PM – 04 PM	Simulation based Learning	Dr. Neha Saboo
27.09.25	08 AM – 09 AM	Mental Health	Guest faculty
	09 AM – 10 AM	Infection Control in Hospital	Dr. Gaurav Dalela
	10 AM – 11 AM	Levels of Prevention	Dr. Shiv Prakash
	11 AM – 12 Noon	Critical Care Ambulance	Dr. Sanchit Jain
	12 Noon – 01 PM	Care of Terminally ill, Euthanasia	Dr. Manish Khandelwal
	02 PM – 03 PM	Duties and responsibilities of doctors to patients in general	Dr. Deepandra Garg
29.09.25	03 PM – 04 PM	Anti-ragging Guidelines	Dr. Jitendra Ahuja
	08 AM – 9 AM	Stress Management Skills	Guest faculty
	09 AM – 10 AM	Emerging medical technologies: ethical concerns	Dr. Monika Gupta
	10 AM – 12 Noon	Sports & Extra Curricular Activities	SPORTS COMPLEX
	12 Noon – 01 PM	Curriculum Based medical education(NMC)	Dr. Reshu Gupta
	02 PM – 04 PM	Duties and responsibilities of doctors to public and paramedical staff in general	Dr. Raghav Mehta
01.10.25	08 AM – 10 AM	Attitude, Ethics and Communication (AETCOM)	Dr. Sunil Gupta
	10 AM – 11 AM	Mentor Mentee Program	Guest Faculty
	11 AM – 12 Noon	Issues related to reproductive health	Dr. Vassem N. Baig
	12 Noon – 01 PM	Concept of bio safety and skill of hand washing	Dr. Gaurav Dalela
	02 PM – 03 PM	Need and importance of Information Technology in Healthcare	Guest faculty
	03 PM – 04 PM	Artificial Intelligence and its Prerogatives in Digital Health	Guest faculty
03.10.25	08 AM – 10 AM	Sports & Extra Curricular Activities	SPORTS COMPLEX
	10 AM – 11 AM	Career advice to medical students	Dr. Lokendra Sharma
	11 AM – 12 Noon	Importance of Yoga and Meditation	Dr. Mahima Sharma
	12 Noon – 01 PM	Doctor patient relationship, patient autonomy, confidentiality, truth telling/disclosure, informed consent, end of life decision, patient rights	Dr. Varun Saini
	02 PM – 03 PM	Integration of Alternative Medicine with Modern Medicine	Guest faculty
	03 PM – 04 PM	Ethics of Organ Donation and Transplantation	Dr. Chandan Singh Chandel

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04.10.25	08 AM – 09 AM	History of Medicine	Dr. Shiv Prakash
	09 AM – 11 AM	Principles of Primary Healthcare	Dr. Anamika Tomer
	11 AM – 01 PM	Sports & Extra Curricular Activities	SPORTS COMPLEX
	02 PM – 03 PM	HIV/ AIDS	Dr. Nilofar Khayyam
	03 PM – 04 PM	Teaching learning methods	Dr. Manju Jha
06.10.25	08 AM – 01 PM	Visit to Primary Health Centre (PHC)	Department of Community Medicine
	02 PM – 04 PM	Sports & Extra Curricular Activities	SPORTS COMPLEX
07.10.25	08 AM – 09 AM	Malpractice and Negligence	Dr. Poonam Jakhar
	09 AM – 11 AM	Sports & Extra Curricular Activities	SPORTS COMPLEX
	11 AM – 12 Noon	Pharmacovigilance	Dr. Alka Bansal
	12 Noon – 01 PM	Art of Bandaging	Dr. Ajay Kalyanwat
	02 PM – 04 PM	Basic Life Support	Dr. Manish Khandelwal

❖ 01 PM-02PM Lunch.

The FOUNDATION COURSE for Phase I MBBS Students for the Year 2025-26 will commence at the beginning of academic year on September 23<sup>rd</sup> 2025. It shall be of two weeks duration which incorporate introduction to various soft skills, professional development and ethics, sports and extracurricular activities and is intended to familiarize the student with the new environment. Minimum 75 % Attendance in this course is mandatory to appear in Phase I university examinations as per NMC regulations.

**Coordinator of course : Dr Reshu Gupta**, Professor, Department of Physiology  
Coordinator, Medical Education Unit, RUHS-CMS

**Principal & Controller**  
RUHS College of Medical Sciences

Jaipur

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**Copy forwarded to members for information and necessary action:-**

1. P.A. to Principal & Controller, RUHS College of Medical Sciences, Jaipur
2. HOD. Anatomy/Physiology/Biochemistry, RUHS College of Medical Sciences, Jaipur
3. MOIC, Academic(I, II & III), RUHS College of Medical Sciences, Jaipur
4. Guard File.

**Additional Principal**  
RUHS College of Medical Sciences  
Jaipur

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